

HOME RENOVATION TAX CREDIT

Available for seniors to help with the cost of permanent home renovations to improve accessibility or mobility at home. Includes bathtubs, wheelchair ramps, grab bars and more.

Call the CRA with questions.

1-877-387-3332

MEALS ON WHEELS

Meals delivered Monday, Wednesday and Friday.

250-622-6315

SALVATION ARMY FOOD BANK

25 Grenville Court
Prince Rupert, BC
V8J 1R3

250-624-6180

Jennifer Rice is your local
for North Coast.



If you have any questions or concerns, please visit my office and my staff and I will do everything we can to assist.

CONTACT US

#290 - 309 2nd Ave West
Prince Rupert, BC
V8J 3T1

250-624-7734
jennifer.rice.mla@leg.bc.ca

RESOURCES FOR SENIORS IN PRINCE RUPERT



Jennifer Rice
MLA for North Coast

SHELTER AID FOR ELDERLY RENTERS (SAFER)

Helps make rent affordable for BC seniors with low to moderate incomes. Provides mostly cash payments to subsidize rents for BC residents 60 or over.

Apply online or call 604-433-2218.

RENTERS AT RISK

Through the North Coast Transition Society, the Renters at Risk Program provides subsidies for rent, damage deposits, and hydro/gas.

1402 Park Ave
Prince Rupert, BC
V8J 3W6

250-627-8959 (ext 23)

PRINCE RUPERT SENIORS CENTRE ASSOCIATION

Local centre for seniors to connect in community. Participate in cards, teas, bingo, floor curling and more.

21 Grenville Court
Prince Rupert, BC
V8J 1R3

250-627-1900

BETTER AT HOME

Provides range of non-medical home support services such as transportation, housekeeping, yard work, or grocery shopping.

Located at the Prince Rupert Seniors Centre

21 Grenville Court
Prince Rupert, BC
V8J 1R3

250-627-1900

ADULT DAY PROGRAM

Assist seniors and adults with disabilities to continue to live in their own homes. Includes personal assistance, health care services, recreational activities, and caregiver support.

1325 Summit Ave
Prince Rupert, BC
V8J 4C1

250-622-6457

KAIEN ISLAND FRIENDSHIP HOUSE ELDERS

Provides programs and services to community with an emphasis on the needs of First Nations Peoples.

744 Fraser St
Prince Rupert, BC
V8J 1P9

250-627-1717